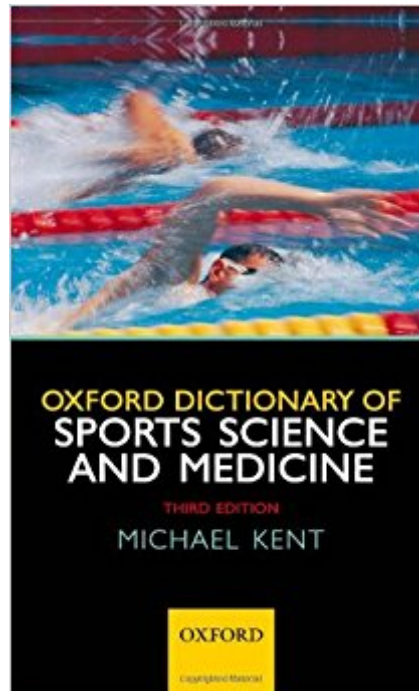




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# Oxford Dictionary Of Sports Science And Medicine



## Synopsis

"The Oxford Dictionary of Sports Science and Medicine" provides comprehensive and authoritative definitions of nearly 8000 sports science and sports medicine terms. All major areas are covered, including exercise psychology, sports nutrition, biomechanics, anatomy, sports sociology, training principles and techniques and sports injury and rehabilitation. The dictionary will be an invaluable aid to students, coaches, athletes and anyone wanting instant access to the scientific principles, anatomical structures, and physiological, sociological and psychological processes that affect sporting performance. It will also be of interest to the general reader interested in sports science and medicine terminology.

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'Review from previous edition This dictionary contains almost every sports science, anatomy, biomechanic, injuries description, and psychological term as related to sports medicine/science. It is very comprehensive and is a must for any student or teacher's bookshelf. A dictionary that will not be dated in a few years. Great investment.' Cheltenham. UK.

Michael Kent is Former Head of the Centre for Applied Zoology, and Sports Science Lecturer, Cornwall College, UK.

I had never heard of this book before, but what a great idea. I have it in my athletic training room

available to anyone who walks in. I am very glad to have it.

My daughter asked me to find a dictionary with all the new terms she was running across in her exercise physiology major. She said that this book was just what she was looking for.

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